Menus for May 2024

TOLLAND INTERMEDIATE SCHOOL

This institution is an equal opportunity provider. Menus are subject to change.

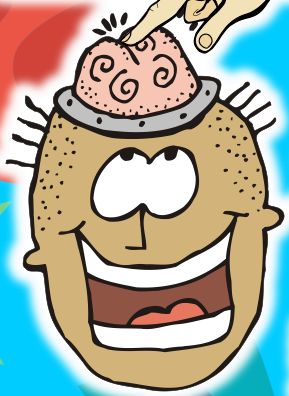## MEAL PRICES

BREAKFAST - FREE FOR ALL STUDENTS

LUNCH - $3.15
Free for all students eligible for free OR reduced priced meals

Available Daily

All Lunches include:
Rainbow Fruit Tray
Rainbow Vegetable Tray,
Ice Cold Flavored
or White Milk
Students must choose a fruit
or vegetable to make a
complete meal
Ala Carte Milk is .75

Brain Ticklers

When is 4 half of 5?

(Hold the page upside down and read it in a mirror for the answer!)

The Roman numeral for
four is "IV," which are the
middle two letters in the
word "five"!

Wednesday, May 1	Thursday, May 2	Friday, May 3
Chicken Tenders with a grain side	Mozzarella Sticks with marinara dipping sauce	*NEW ITEM* Walking Taco
Cheese Pizza	Cheese Pizza	Grilled Cheese Sandwich
Yogurt & Muffin Plate with String Cheese	Yogurt & Muffin Plate with String Cheese	Yogurt & Muffin Plate with String Cheese

Monday, May 6	Tuesday, May 7	Wednesday, May 8	Thursday, May 9	Friday, May 10
McTIS Burger	Chicken Parmesan Sandwich	Cheese Pizza	Popcorn Chicken with a grain side	Cheese-filled Twisted Breadstick with sauce
Fish Sandwich	Fish Sandwich	Fish Sandwich	Fish Sandwich	Fish Sandwich
Yogurt & Cereal Plate with String Cheese	Yogurt & Cereal Plate with String Cheese	Yogurt & Cereal Plate with String Cheese	Yogurt & Cereal Plate with String Cheese	Yogurt & Cereal Plate with String Cheese

SCHOOL LUNCH HERO DAY

Celebrate School Lunch Hero Day May 3rd
Students – please thank your servers for all the hard work they do every day, providing healthy and delicious meals for our schools.

Check out the Lunch Lady Hero book series at Tolland Library.

Monday, May 13	Tuesday, May 14	Wednesday, May 15	Thursday, May 16	Friday, May 17
Chicken Drumstick with a grain side Grilled Cheese Sandwich Yogurt & Bagel Plate with String Cheese	Cheese Pizza Grilled Cheese Sandwich Yogurt & Bagel Plate with String Cheese	**EARLY RELEASE** Chicken Nuggets with a grain side Yogurt & Bagel Plate with String Cheese	Asian Chicken with Rice Grilled Cheese Sandwich Yogurt & Bagel Plate with String Cheese	French Toast with Chicken Sausage Cheese Pizza Yogurt & Bagel Plate with String Cheese
Monday, May 20	**Tuesday, May 21**	**Wednesday, May 22**	**Thursday, May 23**	**Friday, May 24**
Mini Corn Dog Nuggets Chicken Patty on a soft bun Yogurt & Muffin Plate with String Cheese	Pasta with Meatballs Chicken Patty on a soft bun Yogurt & Muffin Plate with String Cheese	Meatball Grinder Chicken Patty on a soft bun Yogurt & Muffin Plate with String Cheese	Mozzarella Sticks with marinara dipping sauce Chicken Patty on a soft bun Yogurt & Muffin Plate with String Cheese	French Toast with Chicken Sausage Chicken Patty on a soft bun Yogurt & Muffin Plate with String Cheese
Monday, May 27	**Tuesday, May 28**	**Wednesday, May 29**	**Thursday, May 30**	**Friday, May 31**
MEMORIAL DAY NO SCHOOL TODAY	Dutch Waffle Cheeseburger on a soft bun Yogurt & Cereal Plate with String Cheese	Mini Ravioli with a grain side Cheeseburger on a soft bun Yogurt & Cereal Plate with String Cheese	Popcorn Chicken with a grain side Cheeseburger on a soft bun Yogurt & Cereal Plate with String Cheese	Cheese Filled Twisted Breadstick Cheeseburger on a soft bun Yogurt & Cereal Plate with String Cheese

Breakfast Available 8:40-9:00 FREE FOR ALL STUDENTS

Students must select at least three out of four food items offered including one fruit or fruit juice.

TYPICAL CHOICES LISTED BELOW

Milk ~ Choice of one serving of either low fat white, or nonfat flavored milk.

Fruit ~ May take one fruit juice and one fruit or two fruits but must select at least one or the other. Choices include 100% fruit juice, fresh, cupped, or dried fruit.

Bread/Grains ~ Whole grain bagel, assorted whole grain cereal, cereal bars, whole grain muffins and breads, breakfast buns, waffles, pancakes or French toast when available.

Protein Choices ~ Eggs, cheese sticks, yogurt, sunflower seeds, breakfast pizza.